

KNOW YOUR LEGAL RIGHTS: YOUNG ADULTS IN NM





Right to access health care.

You may be eligible for Medicaid, also called **Turquoise Care** in NM. You can apply for Medicaid and get more information here.

Your medical information is protected by federal law **privacy laws** called **HIPAA.** If you have questions about confidentiality or how your medical information is being shared, you can get more info or file a complaint here.





As an adult, you also have **freedom** from treatment. Unless a judge has ordered otherwise. you have the right to choose if you want treatment and what kind you get. This includes your medications, checking into a facility, going to therapy, and more. Call us at DRNM if you're being forced to get treatment you don't want--(505) 256-3100.



Right to seek employment of your choice.

You may qualify for **employment support** with the **NM Division of Vocational Rehabilitation (DVR)**. DVR provides financial assistance and advisement for career planning, training, college, and more.

Apply here for DVR.

Under the Americans with Disabilities Act, you also have **workplace rights**. If you have a disability, like PTSD or anxiety, you do not have to tell anyone at your workplace about your diagnosis.

If you do choose to share, you have legal protections and rights, like the right to ask for **accommodations** for your disability. You can learn about how to ask for accommodations from your employer here.



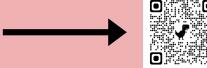
If you believe that you are being discriminated against at work because of your disability, call DRNM at (505) 256-3100. You may also contact us if you think that a potential employer discriminated against you during the application process (if you weren't hired because of your disability).



Right to seek housing of your choice.

Under the Fair Housing Act, you have the right to request and receive **reasonable accommodations for your disability.** For instance, if you have a mental health diagnosis, you may receive housing accommodations around parking, getting a preferred unit, a modified rent schedule, communication preferences with your landlord, and being allowed to have a service animal or emotional support animal in your rental home.

If you have questions about reasonable housing accommodations, or if you want to file a complaint, you can do so here:



You can also contact Disability Rights New Mexico at (505) 256-3100 with housing issues related to your disability.



Right to manage your own finances.

Unless a judge has ordered otherwise, you have the right to control your own money. This means:

1. You have the right to apply for Social Security benefits like Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI). If you receive Social Security benefits, you also have rights that go along with that. Here is info on how to apply for Social Security benefits that support you while you manage your disability.



2. You have the right to open a NM STABLE account, which is a special bank account for people with disabilities. The money in this account is protected, meaning that it should not impact your ability to get benefits like Medicaid, SNAP, or Social Security. Learn more and set up a STABLE account here:



3. You have the right to fight back against identify theft. If you think that someone has used your name, social security number, or other information inappropriatey, you can contest this. Get help from the NM Department of Justice.



